

OBSTRUCTIVE SLEEP APNEA SYNDROME

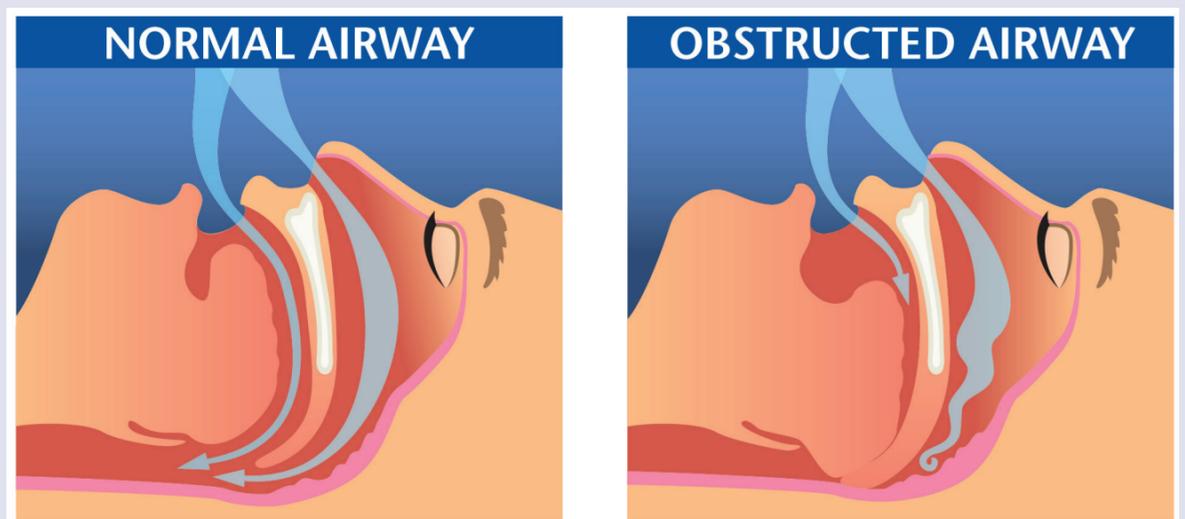
If you or your child snores and are:

- **Overweight**
- **Sleepy during the day**
- **Finding it hard to concentrate at work or school**

You or your child may have obstructive sleep apnea and may be at increased risk for:

- **High blood pressure**
- **Heart attack**
- **Stroke**
- **Sudden death**
- **Abnormal heart rhythm**
- **Learning difficulty**
- **Behavior problems**

This is because during obstructive sleep apnea the airway is blocked and air carrying oxygen is not delivered to the brain and heart.



Talk with your health care provider if you think that you or your child may have obstructive sleep apnea.



We help the world breathe[®]
PULMONARY • CRITICAL CARE • SLEEP

Additional information may be found at the American Thoracic Society website: <http://owl.li/Ksao3>

